# Template to review and monitor reasonable adjustments for mental health

A template for employers and employees to use to review and monitor reasonable adjustments for mental health that have been put in place.

Instructions or options to fill in this template are in [square brackets].

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| --- | --- | --- | --- | --- | --- |
| **Date of review** | **Reasonable adjustment for mental health** | **Does the employee or employer want to request any changes to the existing adjustment?** | **Changes requested, who by and reason** | **Changes agreed** | **Date for next review** |
| [Date] | [Give details of the reasonable adjustment in place] | [Yes / No] | [Give details of the changes requested] | [Give details of the changes that have been agreed by the employer and employee] | [Date] |